



# Florida Title X Family Planning Profile, 2016-2020

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## Key Findings

From 2016 to 2020:

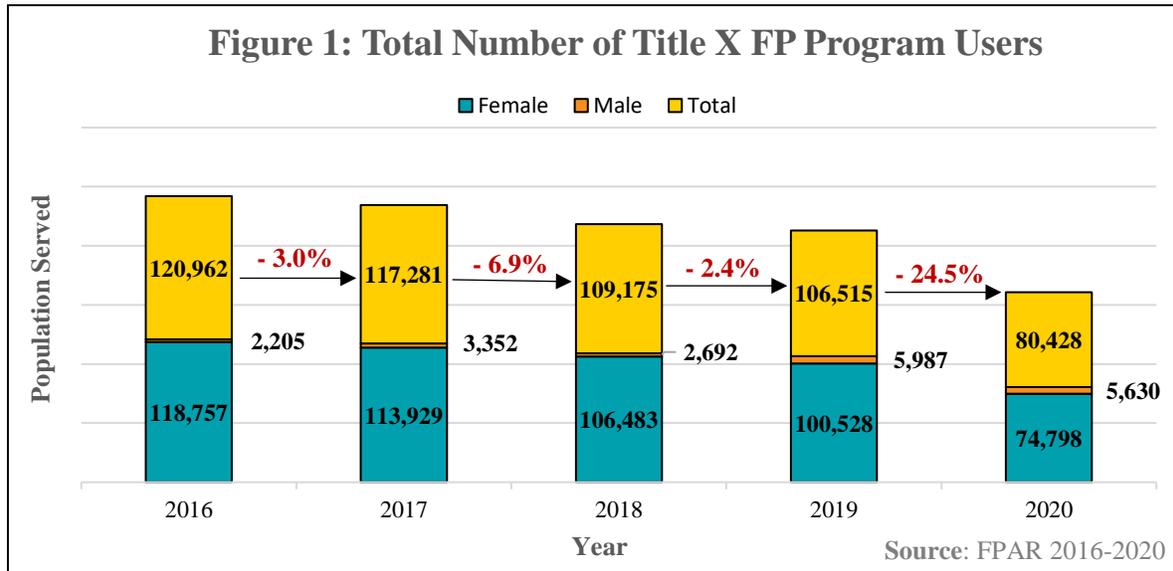
- There was a 33.5% decrease in the total number of users served by the Florida Title X Family Planning Program (FP Program).
- The largest number of users served by the FP Program were between ages 20 and 29.
- Non-Hispanic White individuals made up the largest group of users (over 30.0%) served by the FP Program.
- The number of FP Program users with limited English proficiency has steadily decreased by 58.1%.
- The number of FP Program users varied by poverty level.

The Florida Title X Family Planning Program (FP Program), which is funded by the U.S. Department of Health & Human Services Office of Population Affairs, offers a broad range of family planning and related preventive health services to low-income and uninsured individuals, including teens, in all 67 counties through the local county health departments or contracted agencies [1-2]. Individuals have access to FDA-approved birth control methods and supplies. Information and education, including abstinence counseling, is available to all who want and need services. Family planning plays a key role in the prevention of unintended pregnancy, including teen pregnancy.

This report uses client data from the Family Planning Annual Report (FPAR) to observe trends in key population demographics in Florida for the 2016 through 2020 period. Equally, this report aims to identify any notable changes in population demographics during the SARS-CoV2 (COVID-19) pandemic in 2020 compared to previous years. This report is intended to inform policy makers and program administrators in assessing the current trajectory of the family planning program and its objective to serve individuals in need of its services.

**In Florida, there was a 33.5% decrease in the total number of users served by the Title X FP Program, from 120,962 in 2016 to 80,428 in 2020 (Table 1).**

| Year | Female  |       | Male   |      | Total   |
|------|---------|-------|--------|------|---------|
|      | Number  | %     | Number | %    |         |
| 2016 | 118,757 | 98.2% | 2,205  | 1.8% | 120,962 |
| 2017 | 113,929 | 97.1% | 3,352  | 2.9% | 117,281 |
| 2018 | 106,483 | 97.5% | 2,692  | 2.5% | 109,175 |
| 2019 | 100,528 | 94.4% | 5,987  | 5.6% | 106,515 |
| 2020 | 74,798  | 93.0% | 5,630  | 7.0% | 80,428  |

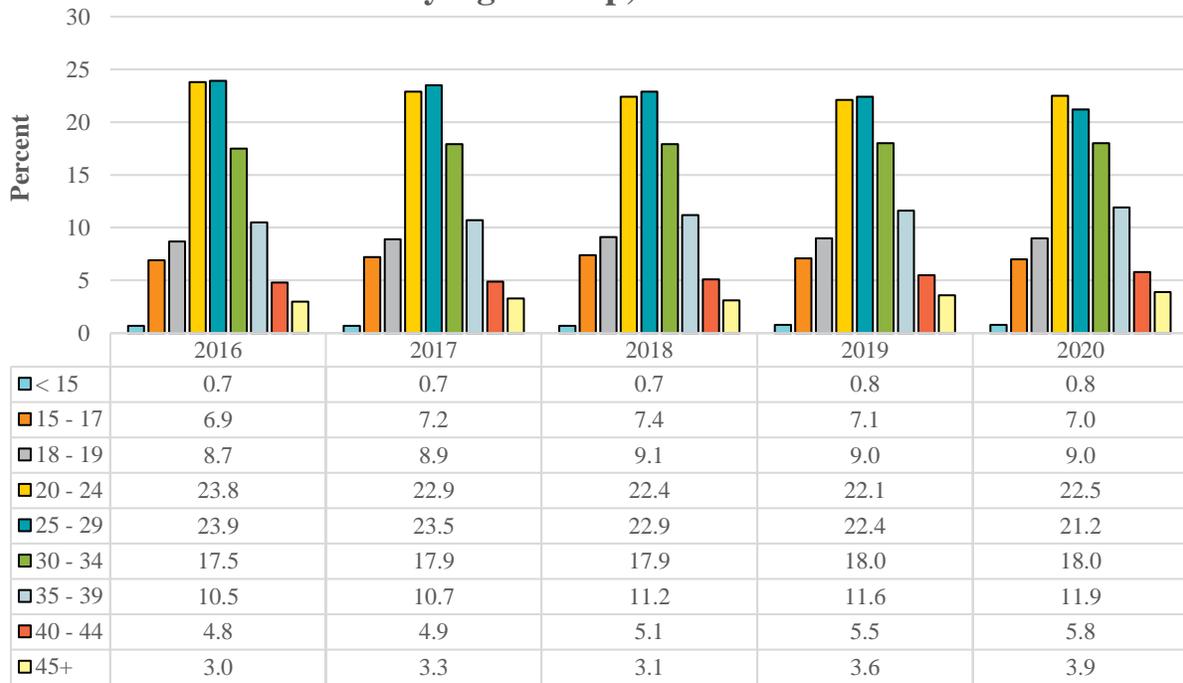


- Among all counties, 86.6% experienced decreases in the total number of Title X FP Program users served: with nine counties (Lee, Collier, Hillsborough, Hardee, Orange, Osceola, Dade, Taylor, and Okeechobee) having a decrease of over 50.0%.
- Notably, the total number of Title X FP Program users served experienced the largest annual percentage decrease - 24.5% - from 2019 to 2020 (Figure 1). This decrease may be due, in part, to the COVID-19 pandemic.
- Also, the number of female users served saw a nonsignificant decrease of 37.0% from 2016 to 2020; with the largest percentage decrease observed from 2019 to 2020 (25.6%).

**From 2016 to 2020, the largest number of users served by the Title X FP Program in Florida were between ages 20 and 29.**

| Table 2: Title X FP Program Users by Age Group |      |         |         |         |         |         |         |         |       |         |
|--|------|---------|---------|---------|---------|---------|---------|---------|-------|---------|
| Year   | < 15 | 15 - 17 | 18 - 19 | 20 - 24 | 25 - 29 | 30 - 34 | 35 - 39 | 40 - 44 | 45+   | Total   |
| 2016   | 849  | 8,406   | 10,549  | 28,837  | 28,919  | 21,219  | 12,660  | 5,865   | 3,658 | 120,962 |
| 2017   | 828  | 8,494   | 10,425  | 26,897  | 27,612  | 20,946  | 12,511  | 5,740   | 3,828 | 117,281 |
| 2018   | 795  | 8,117   | 9,934   | 24,471  | 25,038  | 19,561  | 12,279  | 5,562   | 3,418 | 109,175 |
| 2019   | 790  | 7,574   | 9,573   | 23,491  | 23,855  | 19,190  | 12,325  | 5,847   | 3,870 | 106,515 |
| 2020   | 639  | 5,622   | 7,233   | 18,061  | 17,049  | 14,465  | 9,539   | 4,645   | 3,175 | 80,428  |

**Figure 2: Percentage of Title X FP Program Users by Age Group, 2016-2020**



Source: FPAR 2016-2020

- From 2016 to 2020, there was a decline in the number of FP Program users across all age groups (Table 2). The following age groups experienced statistically significant decreases: <15, 25-29, 35-39, 40-44, and 45+.

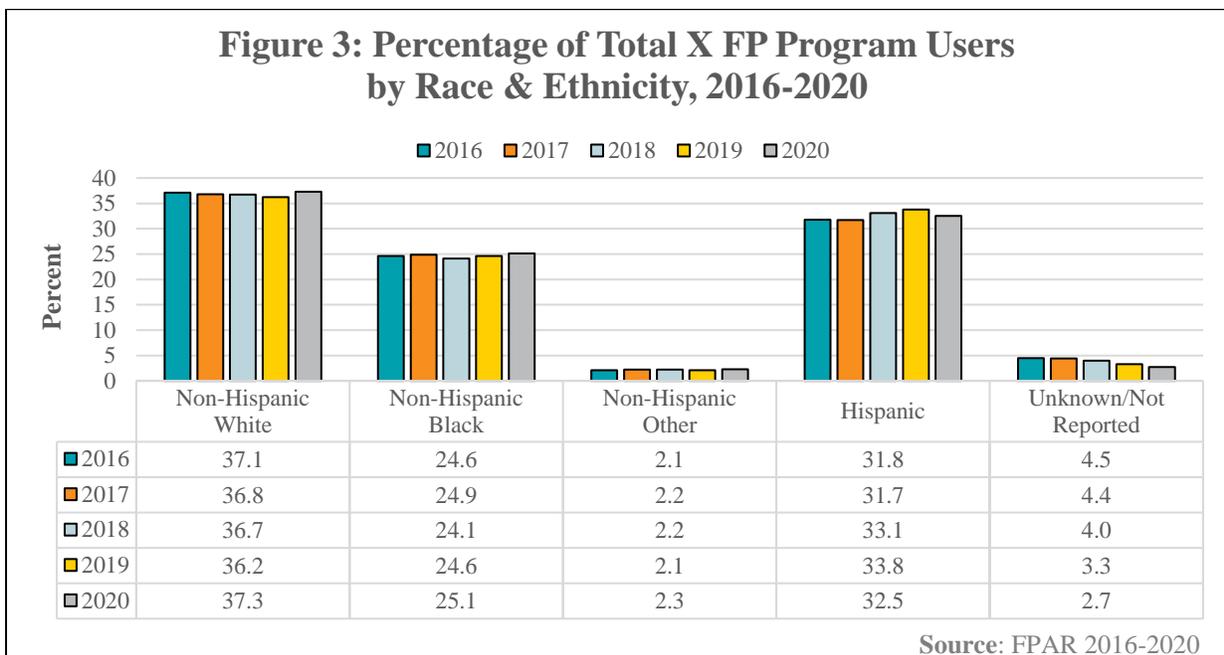
Users ages 20-24 and 25-29 made up the largest groups of FP Program users served, accounting for over 40.0% of the total population served during this period. In contrast, users under 15 years of age make up the smallest group of users, at less than 1% of the total population served (Figure 2).

- Across all age groups, the largest percentage decrease in total FP Program users served occurred from 2019 to 2020; under 15 years of age (19.1%), ages 15-17 (25.8%), ages 18-19 (24.4%), ages 20-24 (23.1%), ages 25-29 (28.5%), ages 30-34 (24.6%), ages 35-39 (22.6%), ages 40-44 (20.6%), and ages 45 and older (18.0%).

**Non-Hispanic White individuals made up the largest group of users (over 30.0%) served by the Title X FP Program in Florida from 2016 to 2020, followed by Hispanics.**

**Table 3: Title X FP Program Users by Race & Ethnicity**

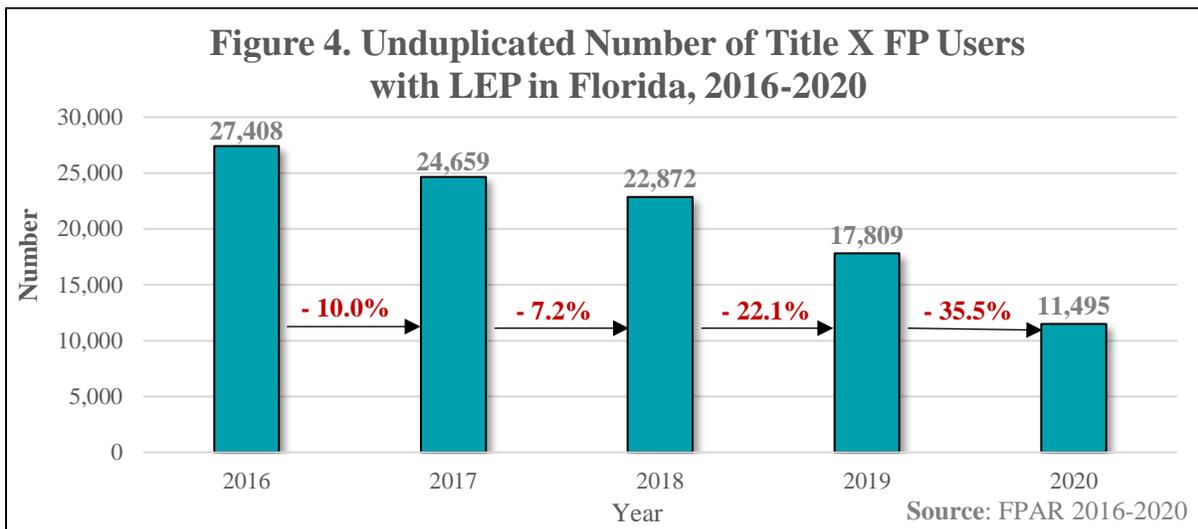
| Year | Non-Hispanic White | Non-Hispanic Black | Non-Hispanic Other | Hispanic | Unknown/Not Reported | Total   |
|------|--------------------|--------------------|--------------------|----------|----------------------|---------|
|      | Number             | Number             | Number             | Number   | Number               | Number  |
| 2016 | 44,841             | 29,793             | 2,508              | 38,427   | 5,393                | 120,962 |
| 2017 | 43,213             | 29,155             | 2,621              | 37,149   | 5,143                | 117,281 |
| 2018 | 40,018             | 26,266             | 2,362              | 36,163   | 4,366                | 109,175 |
| 2019 | 38,560             | 26,230             | 2,264              | 35,975   | 3,486                | 106,515 |
| 2020 | 30,034             | 20,198             | 1,832              | 26,175   | 2,189                | 80,428  |



- From 2016 to 2020, there was a gradual decline in the number of FP Program users across all racial/ethnic groups (Table 3). These decreases were only statistically significant among users with Unknown/Not Reported race/ethnicity.
- Non-Hispanic Whites and Hispanics made up the largest groups of FP Program users served, accounting for over 60.0% of the total population served during this period. In contrast, Non-Hispanic Other users make up the smallest group, at less than 3% of the total population served (Figure 3).

- Across all racial/ethnic groups, the largest percentage decrease in total FP Program users served occurred from 2019 to 2020; Non-Hispanic Whites (22.1%), Non-Hispanic Black (23.0%), Non-Hispanic Other (19.1%), Hispanic (27.2%), and Unknown/Not Reported (37.2%).

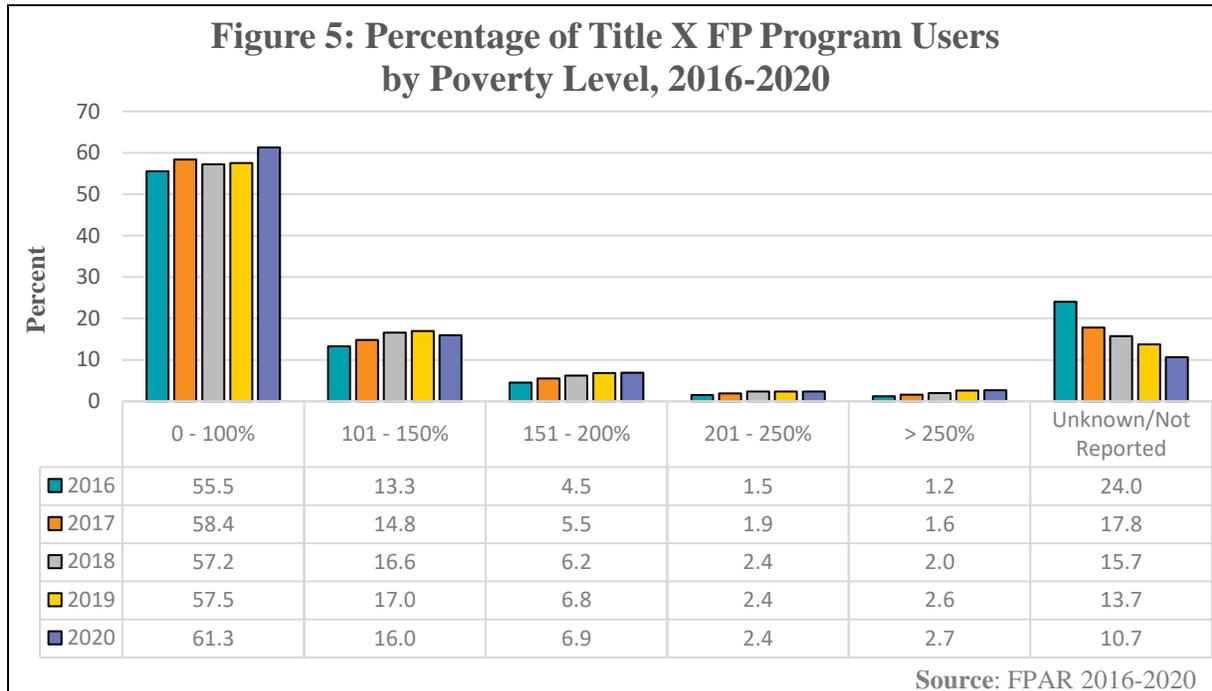
**The number of Title X FP Program users with limited English proficiency (LEP) has steadily decreased by 58.1%, from 27,408 in 2016 to 11,495 in 2020.**



- While there was a decrease in the number of FP Program users with LEP each year throughout the 2016 to 2020 period, the largest percentage decrease was seen in from 2019 to 2020 (at 35.5%) (Figure 4).

**From 2016 to 2020, the number of Title X FP Program users varied by poverty level.**

| Poverty Level        | 2016           | 2017           | 2018           | 2019           | 2020          |
|----------------------|----------------|----------------|----------------|----------------|---------------|
| 0 - 100%             | 67,074         | 68,469         | 62,459         | 61,218         | 49,282        |
| 101 - 150%           | 16,126         | 17,328         | 18,115         | 18,136         | 12,862        |
| 151 - 200%           | 5,454          | 6,414          | 6,753          | 7,284          | 5,542         |
| 201 - 250%           | 1,853          | 2,278          | 2,589          | 2,530          | 1,958         |
| > 250%               | 1,422          | 1,876          | 2,151          | 2,737          | 2,180         |
| Unknown/Not Reported | 29,033         | 20,916         | 17,108         | 14,610         | 8,604         |
| <b>Total</b>         | <b>120,962</b> | <b>117,281</b> | <b>109,175</b> | <b>106,515</b> | <b>80,428</b> |



- From 2016 to 2020, the majority of users (over 50%) served by the FP Program in Florida were below or at 100% of the poverty level (Figure 5).
- From 2016 to 2019, there was an increasing trend in the number of FP Program users in the following poverty level groups: 101-150%, 151-200%, and > 250%. However, each of these groups experienced a drop of over 20% from 2019 to 2020. From 2019 to 2020, there was a 29.1% decrease among the 101-150% group, a 23.9% decrease among the 151-200% group, and a 20.4% decrease among the > 250% group. These decreases were statistically significant among the 151-200% and > 250% groups.
- From 2016 to 2020, the number of FP Program users in the 0-100% poverty level group decreased by 26.5%, with the largest percentage decrease (19.5%) occurring from 2019 to 2020. This decrease was nonsignificant.
- From 2016 to 2019, the number of FP Program users in the 201-250% poverty level group increased by 36.5%; from 1,853 to 2,530. However, the number of FP users dropped by 22.6%, from 2,530 in 2019 to 1,958 in 2020. This decrease was statistically significant.
- From 2016 to 2020, the percentage of Title X FP Program users with poverty level Unknown/Not Reported significantly decreased; from 29,033 (24.0%) in 2016 to 8,604 (10.7%) in 2020 (Table 4 & Figure 5). The largest percentage decrease was seen from 2019 to 2020, with a 41.1% drop in users in this poverty level group.



## Summary

From 2016 to 2020, there was a 35.5% decrease in the total number of users served by the Title X FP Program in Florida. Among all counties, 86.6% experienced decreases in the total number of FP Program users served: with nine counties having a decrease of over 50.0%. During this time period, the smallest group of users were Non-Hispanic Other and those under 15 years of age. Also, the overall number of users with limited English proficiency declined by over 58.1% from 2016 to 2020 (Figure 4). Finally, the number of FP Program users served varied by poverty level, with some groups following an increasing trend in user numbers and others following a decreasing trend.

While the total number of FP Program users has steadily decreased every year from 2016 to 2020, the largest percentage decreases in FP Program user numbers across all demographics measured occurred from 2019 to 2020. The large decreases in this time period may be associated with the impact of the COVID-19 pandemic on the ability to see clients in person at the county health departments and the changes in the way clients were seen both virtually and in the clinics. It is intended that the findings in this report provoke further study and investigation into the impact of COVID-19 on the Title X Family Planning Program and key populations that rely on the program.

## References

1. Florida Health. (2020). Family Planning. Florida Department of Health. Available at <http://www.floridahealth.gov/programs-and-services/womens-health/family-planning/index.html>.
2. Office of Population Affairs. (2020). About Title X Service Grants. U.S. Department of Health & Human Services. Available at <https://opa.hhs.gov/grant-programs/title-x-service-grants/about-title-x-service-grants>.